

VEGAS

Seven

June 10-16, 2010

THIS WEEK IN YOUR CITY

Summer Survival Guide



WHAT TO DRINK, WHERE TO SWIM,
HOW TO KEEP YOUR HOUSE
BUG-FREE AND DOZENS OF
OTHER TIPS TO GET YOU THROUGH
THIS TRYING SEASON

SEVEN QUESTIONS MR. REHAB
HOT GOLF DEALS
WORLD CUP BEST BETS

FREE



On the Water Front Great ways to get wet and wild

See-and-be-seen at Tao Beach. Perched high atop the Venetian is a beautiful, Balinese-inspired party pool that consistently hits all the high notes: pretty people, A-list celebs, great atmosphere. Open daily from 10 a.m., the venue features solid DJs (including Beatport-sanctioned talent on Sundays) and treats locals they way they should be treated—with free admission, seven days a week.

Hide Out at The Artisan. This pool, for the most part, has managed to stay a secret among locals, and we're lucky to have it. Surrounded by ferns and palms, the scene has a vintage Vegas feel, perfect for chilled glasses of champagne while relaxing on the daybeds. Though it's just a few blocks from the Strip, it feels miles away. 1501 W. Sahara Ave., 214-4000.

Splurge at the Encore Beach Club. Embrace the philosophy that makes Las Vegas fabulous: "Go big or go home." So recession be damned; go for Bungalow No. 3 at the city's latest and greatest pool destination. Here you and up to 20 friends can be in the epicenter of the luxury, just steps from the VIP spa and gaming pavilion, with your own shower and change facilities. Does a \$3,000 food-and-beverage minimum sound prohibitive? It's only money. 770-7300.

Visit a community pool. A much cheaper hang for the day is a place like the Henderson Multigenerational Center, which features a 50-meter pool, a large spa and a kids activity play area with a water slide and other splash-splashy features. Lounge chairs for sun-worshippers are available, and there's a grassy picnic area and pool party section that you can reserve. 250 S. Green Valley Parkway, \$1 kids, \$2 adults, noon-5 p.m. weekdays, 11 a.m.-6 p.m. Saturday and Sunday, 267-5827.

Go to a splash park. With its fun-filled, bug-themed splash pad, Centennial Hills Park is a prime destination for families. Kids can cool off among the waterworks-enhanced frogs, climb on colorful caterpillars and chill out in the shade under butterfly- and flower-shaped canopies. This little fantasyland also features mushroom-shaped tables for picnics, a Dino Dig sandbox where kids can search for dinosaur bones and a pond full of ducks to feed. 2627 Nature Park Dr., off Aliante Parkway. —Melissa Arseniuk



Too cool for pools: The Artisan (top) and the Henderson Multigen. Two foods of summer: the Atomic Amazon (above) and Hussong's nachos.

Seven Summer Treats

Ice cream bar. The "Calorie Count" at About.com gives the Cherry Garcia Bar at Ben and Jerry's a D+ for nutrition. Who cares? It's summer.

Frozen custard. Western Sundae at Luv-It (505 E. Oakey Blvd.). This place gets too much ink, but its Western—homemade frozen custard topped with salted pecans and fudge sauce—deserves it all.

Iced coffee drink. Sorry, I'm going with Starbucks. The Skinny Cinnamon Dolce Latte is made with fat-free milk, cinnamon dolce syrup and espresso. And the large—sorry, "venti"—weighs in at a scant 160 calories.

Smoothie. Got antioxidants? The Atomic Amazon does. This 24-ounce extravaganza at Atomic #7 (605 Mall Ring Circle) is packed with acai, goji, mangosteen and chia seeds, and it's sweetened with—what else?—agave.

Hot dog. It's hard to argue with the Hebrew National dog at Costco, plus soft drink, for less than \$2, but my choice is the \$1 Vienna Beef dog steaming from the cart at the Suncoast hotel-casino, 9090 Alta Dr.

Thai chicken salad at Sammy's Woodfired Pizza. Grilled chicken, bean sprouts, lettuce, tomato and peanuts, with a tangy sesame oil based dressing. It's light, refreshing and satisfying, all at once.

Nachos. Nothing makes the cold ones go down easier than Hussong's Cantina & Taqueria at Mandalay Bay. It's loaded with borracho beans, pico de gallo, grilled corn, Mexican cheeses and a tomatillo avocado salsa. —Max Jacobson



Atomic Amazon and nachos photos by Anthony Mair